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Since this translation is prepared in July 2025 based on the Japanese text current at that time, the translation may not reflect the latest information, due to continuous revision of package inserts.

The latest Japanese text is available on PMDA website.

# Kracie

Oct 2023 (1st version)

Standard Commodity Classification No. of Japan	
875200	
Approval No.	21900AMX00626000
Date of Initial Marketing in Japan	Oct 1986

Kampo product

## Kracie Unseiin Extract Fine Granules

Storage : Store at room temperature  
Shelf Life : 3 years

KB-57

EK-57

### 3. COMPOSITION AND PRODUCT DESCRIPTION

#### 3.1 Composition

Brand name	Kracie Unseiin Extract Fine Granules
Active ingredients	The daily dose of this product (6.0 g) contains 4,200 mg of JP Unseiin extract, derived from a mixture of the following crude drugs.
	JP Japanese Angelica Root 3.0 g
	JP Rehmannia Root 3.0 g
	JP Scutellaria Root 1.5 g
	JP Gardenia Fruit 1.5 g
	JP Cnidium Rhizome 3.0 g
	JP Peony Root 3.0 g
	JP Phellodendron Bark 1.5 g
JP Coptis Rhizome 1.5 g	
Inactive ingredients	JP Magnesium Stearate,
	JP Light Anhydrous Silicic Acid,
	JP Microcrystalline Cellulose,
	JP Lactose Hydrate, Hydrated Silicon Dioxide

(JP: The Japanese Pharmacopoeia)

#### 3.2 Product Description

Dosage form	Fine granules
Color	Yellow-brown to brown
Odor	Practically none or slightly characteristic odor
Taste	Bitter
ID code	KB-57 (3.0 g per sachet)
	EK-57 (2.0 g per sachet)

### 4. INDICATIONS

The following symptoms in patients with poor skin complexion and hot flashes:

**Menstrual irregularity, dysmenorrhea, menopausal and female climacteric states, climacteric disturbance, neurotic disorder**

### 6. DOSAGE AND ADMINISTRATION

The usual adult dosage for oral use is 6.0 g daily in two or three divided doses before or between meals.

The dosage may be adjusted according to the patient's age, body weight, and symptoms.

### 8. IMPORTANT PRECAUTIONS

**8.1** When this product is used, the patient's "SHO" (constitution/symptoms) should be taken into consideration. The patient's progress should be carefully monitored, and if no improvement in symptoms or findings is observed, continuous administration should be avoided.

**8.2** Prolonged administration of preparations containing Gardenia Fruit (for more than 5 years in most cases) may cause mesenteric phlebosclerosis with pigmentation, edema, erosion, ulceration, and stenosis of the colon. In the case of long-term administration, periodic examinations such as CT and colonoscopy are recommended. [See Section 11.1.3]

**8.3** When this product is used in combination with other Kampo products, etc., attention should be paid to the duplication of the contained crude drugs.

### 9. PRECAUTIONS CONCERNING PATIENTS WITH SPECIFIC BACKGROUNDS

#### 9.1 Patients with Complication or History of Diseases, etc.

**9.1.1 Patients with an extremely weak gastrointestinal tract**  
Anorexia, epigastric distress, nausea, vomiting, diarrhea, etc. may occur.

**9.1.2 Patients with anorexia, nausea, or vomiting**  
These symptoms may be aggravated.

#### 9.5 Pregnant Women

This product should be used in pregnant women or women who may possibly be pregnant only if the expected therapeutic benefits outweigh the possible risks associated with treatment.

#### 9.6 Breast-feeding Women

Considering the therapeutic benefits and the benefits of breastfeeding, continuation or discontinuation of breastfeeding should be considered.

#### 9.7 Pediatric Use

No clinical studies have been conducted in children.

#### 9.8 Geriatric Use

Since the physiological functions are generally decreased in elderly patients, careful supervision is recommended; measures such as reducing the dose may be considered.

### 11. ADVERSE REACTIONS

The following adverse reactions may occur. Patients should be carefully monitored, and if any abnormalities are observed, appropriate measures such as discontinuation of administration should be taken.

#### 11.1 Clinically Significant Adverse Reactions

##### 11.1.1 Interstitial pneumonia (frequency unknown)

If cough, dyspnea, pyrexia, abnormal lung sound, etc. are observed, administration of this product should be discontinued, and examinations such as chest X-ray and chest CT scan should be performed immediately, and appropriate measures such as administration of corticosteroid should be taken.

##### 11.1.2 Hepatic impairment, jaundice (frequency unknown)

Hepatic impairment and/or jaundice with marked elevations of AST, ALT, Al-P,  $\gamma$ -GTP, etc. may occur.

##### 11.1.3 Mesenteric phlebosclerosis (frequency unknown)

Mesenteric phlebosclerosis may occur with long-term administration of this product. If abdominal pain, diarrhea, constipation, abdominal distension, etc. are repeatedly observed, or if fecal occult blood test is positive, administration should be discontinued, and examinations such as CT and colonoscopy should be performed, and appropriate measures should be taken. Intestinal resection has been reported in some cases. [See Section 8.2]

#### 11.2 Other Adverse Reactions

	Frequency unknown
Hypersensitivity	Rash, Redness, etc.
Gastrointestinal	Anorexia, Epigastric distress, Nausea, Vomiting, Diarrhea, etc.

## **20. PRECAUTIONS FOR HANDLING**

**20.1** To maintain the quality of the product, avoid moisture as much as possible and store in a cool place, away from direct sunlight.

**20.2** Avoid moisture, especially after opening, and handle with care.

**20.3** Since this product is made from crude drugs, the color of the product may vary.

## **22. PACKAGING**

(KB-57)

3.0 g × 28 packets [sachets]

3.0 g × 168 packets [sachets]

(EK-57)

2.0 g × 42 packets [sachets]

2.0 g × 294 packets [sachets]

500 g [bottle]

## **26. MARKETING AUTHORIZATION HOLDER, etc.**

### **26.1 Manufactured and Distributed by:**

**OMINEDO PHARMACEUTICAL INDUSTRY CO., LTD.**

574, Nenarigaki, Yamatotakada-city, Nara 635-0051, Japan

### **26.2 Distributed by:**

***Kracie Pharmaceutical, Ltd.***

20-20, Kaigan 3-Chome, Minato-ku, Tokyo 108-8080, Japan