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Since this translation is prepared in July 2025 based on the Japanese text current at that time, the translation may not reflect the latest information, due to continuous revision of package inserts.

The latest Japanese text is available on PMDA website.

# Kracie

Oct 2023 (1st version)

Standard Commodity Classification No. of Japan
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875200

Approval No.
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16100AMZ04215000

Date of Initial Marketing in Japan
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Oct 1986

Kampo product

## Kracie Shohangekabukuryoto Extract Fine Granules

Storage : Store at room temperature  
Shelf Life : 3 years

KB-21

EK-21

### 3. COMPOSITION AND PRODUCT DESCRIPTION

#### 3.1 Composition

Brand name	Kracie Shohangekabukuryoto Extract Fine Granules
Active ingredients	The daily dose of this product (6.0 g) contains 1,700 mg of Shohangekabukuryoto extract powder, derived from a mixture of the following crude drugs. JP Pinellia Tuber 6.0 g JP Ginger 2.0 g JP Poria Sclerotium 5.0 g
Inactive ingredients	JP Magnesium Stearate, JP Microcrystalline Cellulose, JP Lactose Hydrate, Hydrated Silicon Dioxide

(JP: The Japanese Pharmacopoeia)

#### 3.2 Product Description

Dosage form	Fine granules
Color	Light yellow-brown to light brown
Odor	Characteristic odor
Taste	Slightly sweet and pungent
ID code	KB-21 (3.0g per sachet) EK-21 (2.0g per sachet)

### 4. INDICATIONS

**Nausea and vomiting of pregnancy (NVP), vomiting, nausea**

### 6. DOSAGE AND ADMINISTRATION

The usual adult dosage for oral use is 6.0 g daily in two or three divided doses before or between meals.

The dosage may be adjusted according to the patient's age, body weight, and symptoms.

### 8. IMPORTANT PRECAUTIONS

**8.1** When this product is used, the patient's "SHO" (constitution/symptoms) should be taken into consideration.

The patient's progress should be carefully monitored, and if no improvement in symptoms or findings is observed, continuous administration should be avoided.

**8.2** When this product is used in combination with other Kampo products, etc., attention should be paid to the duplication of the contained crude drugs.

### 9. PRECAUTIONS CONCERNING PATIENTS WITH SPECIFIC BACKGROUNDS

#### 9.5 Pregnant Women

This product should be used in pregnant women or women who may possibly be pregnant only if the expected therapeutic benefits outweigh the possible risks associated with treatment.

#### 9.6 Breast-feeding Women

Considering the therapeutic benefits and the benefits of breastfeeding, continuation or discontinuation of breastfeeding should be considered.

#### 9.7 Pediatric Use

No clinical studies have been conducted in children.

### 9.8 Geriatric Use

Since the physiological functions are generally decreased in elderly patients, careful supervision is recommended; measures such as reducing the dose may be considered.

### 20. PRECAUTIONS FOR HANDLING

**20.1** To maintain the quality of the product, avoid moisture as much as possible and store in a cool place, away from direct sunlight.

**20.2** Avoid moisture, especially after opening, and handle with care.

**20.3** Since this product is made from crude drugs, the color of the product may vary.

### 22. PACKAGING

(KB-21)

3.0 g × 28 packets [sachets]

3.0 g × 168 packets [sachets]

(EK-21)

2.0 g × 42 packets [sachets]

2.0 g × 294 packets [sachets]

500 g [bottle]

### 26. MARKETING AUTHORIZATION HOLDER, etc.

#### 26.1 Manufactured and Distributed by:

**Kracie, Ltd.**

20-20, Kaigan 3-Chome, Minato-ku, Tokyo 108-8080, Japan

#### 26.2 Distributed by:

**Kracie Pharmaceutical, Ltd.**

20-20, Kaigan 3-Chome, Minato-ku, Tokyo 108-8080, Japan